











INDEX

FEATURES _____

O3 HOW TO TAME A DRAGON IN 8 YEARS OR LESS Geoffrey Hoppe

14 THE DREAM I DREAMED
Olivia M. Zenteno

24 SENSING LIGHT Kim Seppälä

ACCOUNTABILITYAntonia Lyons

48 SHAUMBRA HEARTBEATJean Tinder

EVENTS & NEWS

08 DREAMWORLDS - NEW!

10 FEATURED ONLINE EVENTS

12 FEATURED IN-PERSON EVENTS

13 EVENTS CALENDAR

20 THRESHOLD ONLINE

28 PROGNOST 2022 UPDATE

30 KASAMA ONLINE

38 DREAM OF THE MERLIN

40 NEWEST PRODUCTS

42 CC TIPS

44 THE CRITICS CORNER

46 MONTHLY SPOTLIGHT

BASICS

51 NEW ANGELS

52 NEW TRANSLATIONS

53 NEW VIDEOS

54 CRIMSON CIRCLE STAFF

58 SIMON'S SPOOFS

HOW TO TAME A DRAGON IN 8 YEARS OR LESS



By Geoffrey Hoppe

'Il never forget the first Threshold workshop. It took place in February 2014 at the Club Med resort in Cancun, Mexico. I think Adamus is still telling stories about it at the Ascended Masters Club.

It was just awful. It's on my list of the Top 5 Worst Workshops Ever. First of all, why we held the workshop at a Club Med resort defies logic, but that's where we ended up. It was totally the wrong environment for a deep workshop. Even with the beautiful ocean setting, we were in the midst of

"tourist" energy. The food was great (eat all you want) but the dining halls were filled with pushy, hungry, sweaty tourists trying to make sure they got their money's worth at the buffet tables.

We booked the sleeping rooms and meeting rooms nearly a year in advance, all confirmed in contracts well ahead of the event. We limited the workshop to 25 people per Adamus' request. We knew it was going to be very intense based on his comments prior to the event and invited Dr. Doug Davies to assist us in case any of the attendees had "energy" or physical issues during the workshop. Over the years we had learned that Dr. Doug is a tremendous asset at workshops because of his medical background, but even more so because he is highly intuitive and compassionate.

The problems started when Linda and I checked into the hotel. The suite we requested was not available so they put us in a tiny room without an ocean view, just for the first night... so they said. We ended up staying in three different rooms during the 8 days we were there.



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The problems continued when we met with the sales manager two days before our event started to see the meeting room. After hours of delays and distractions, he finally admitted that they gave our meeting room – their only meeting room – to a group of doctors from Canada. I was furious. In spite of slapping down a copy of our signed contact on the table, there was literally nothing we could do about it other than try to find an alternative. The young Italian sales manager, highly trained in the art of schmoozing and deception, suggested we have the workshop on the lawn near the tennis courts, with a lovely view of the back of the restaurant service and trash area. In the full sun. Without cover. In full view of all hotel guests. When we firmly rejected that option, he showed us a quaint little building on the beach. Nice try, but it literally required walking in the ocean for about 200 yards/meters. The decrepit little building hadn't been used in years, and was covered with rat feces.

We finally ended up in one of their restaurants. It was right on the ocean, with a beautiful view, but they used the restaurant for lunch so we had to start the workshop at 7:30 AM and be out by 11 AM. Shaumbra are not morning people, and they are not happy people if they do not have time for coffee and breakfast. Plus, the sales manager didn't tell us that they started preparing for lunch at 8:30 AM. While we were trying to conduct a serious workshop, they were sweeping the floors around us, setting tables and making a lot of racket in the nearby open kitchen. It was just awful.

To make matters worse, an attendee from Australia broke both her ankles when she fell off an unmarked embankment, Dr. Doug fractured a foot bone and another attendee got a case of Montezuma's revenge. The sessions with Adamus actually went pretty well, but everything else was a disaster. The dragon energy was alive and working hard at this first Threshold gathering.

That was eight years ago. Since then, we've done 17 in-person Threshold events and three Threshold Reunions around the world. Every Threshold workshop since the first one in Cancun has been incredible. We learned our lesson there, subsequently choosing only quiet, secluded locations. The live Threshold events were some of the most transformational we've ever done.

In 2020, we filmed Threshold and began offering it as a hosted online class. The first online Threshold was in August 2020, and another in the summer of 2021. We're offering it again this year, from July 8–10.

Now to the point: I've done 20 live Threshold events and two online classes. The Dragon has been part of my life for the past eight years. I know the Dragon very well, and the Dragon knows me even better. At first, my encounters with the Dragon were miserable. I could feel it coming on, like some people feel the onset of a migraine headache. I dreaded the Dragon. I felt like I was being ripped inside-out, and then shredded into pieces. I knew the purpose of the Dragon was to find old issues within me, ones that had been buried and forgotten a long time ago. The Dragon was there to dredge them up so I could finally release them, but releasing oftentimes felt like crawling through hell on my belly.

In Threshold, Adamus warns of these encounters. Throughout the workshop, he weaves the true story of Margo, now an Ascended Master, and her awful encounters with the Dragon. Adamus even tells the story about his own Dragon battles in his last lifetime. In spite of the warnings and stories, there's not much that can minimize the impact of the initial Dragon experiences.

There came a point, after many years of fierce Dragon battles, when I no longer dreaded them. I actually began looking forward to Dragon Time because I realized the benefit of getting rid of the deep shit. Like going to the dentist to get a cavity filled, it wasn't much fun during the visit, but I sure felt better afterwards. A few times I even wished that the Dragon would come around just for a good cleansing. One day I realized that the Dragon was no longer my adversary, but rather my dear and trusted friend. Oh, it didn't happen overnight. It took many years and many tears, but the transformation was at the deepest and most genuine levels within my being. Then, in a head-smacking "ah-ha" moment, I discovered that the Dragon was my soul. I only perceived it as a dragon because it was trying to clear eons of old human crap so it, and I, could move into embodied Realization.

At that point, I thought I would never encounter the Dragon again because all the work had been done. I had been spiritually routed out, like

4 SHAUMBRA" MAGAZINE 0722
SHAUMBRA" MAGAZINE 0722

a giant auger going into every crevice of my being. A year passed without seeing my friend the Dragon. I secretly missed our encounters but also figured it was a good sign because I was cleansed from head to toe, thought to belief, human to angel.

To my great surprise, the Dragon surfaced again mid-way into Year 7. WTF? Did it forget something? Could it detect yet another deeply buried imbalance? I thought I was in pretty good shape but perhaps I was giving myself too much credit because I could hear the Dragon banging on the door.



Dragon: Knock, knock

Me: Who's there? (I fully knew it was the Dragon. The stench

is undeniable.)

Dragon: Doctor.

Me: Dr. Who?

Dragon: No, Dr. Agoni, here to give you a check-up.

Me: I'm fine, thank you. No need for the Dragon any more.

Dragon: Your soul prescribed me. Now open the door or I'll burn it down in one fiery breath.

Me: (cracking the door open a bit) I thought we were done with these house calls?

Dragon: You're still here on the planet in human form, aren't you?

Me: That depends on the day.

Dragon: Then you still need these occasional visits. Like me or not, you pick up new junk along the way, even as a Master. Some of it's yours, most of it's not. My job is to make sure it doesn't build up and create the mess you were in before I came along. Now bend over... you'll hardly feel this.

Me: Ouch!! You #@!%& dragon!

It still hurt to sit down a few hours after Dr. Agoni left, but I fully realized and appreciated why he still came around even after I thought everything was cleared. As embodied Masters living in this dense and sometimes toxic reality, we pick up junk from the very environment we choose to stay in. We get it from other people, from old energies in the land, from past lifetimes that are going through their own dragon encounters, and even occasional lapses into our old, pre-Mastery days. The good Doctor comes around as part of our soul's Wellness Program, to make sure we stay relatively clean during our extended stay on the planet. After all, we need to keep our lenses clear in order to shine a pure light, just like you should wash the headlights on your car to remove the dirt and grime that could dim the radiance.

The Dragon came roaring into my life in 2014 in Cancun, Mexico in a most unpleasant way. I thought it would be long gone by now, but it's still with me in the form of Dr. Agoni and his occasional house calls. The Dragon went from being a dreaded terror in my life to becoming a dear and trusted friend, and now a somewhat annoying but adorable doctor who looks after my best interests.



July 8-10, 2022

Live-hosted with Geoff and Linda Hoppe

From the

Crimson Circle Connection Center

Only offered once a year online

According to Adamus, what one experiences in the Threshold workshop is something every single Ascended Master has gone through. It is the final step before Realization.

Attendee survey results from previous Threshold Online classes:

- Adamus messages:
 100% Excellent or Very Good
- Life-changing or Good Experience: 99%
- Good Price or Just Right Price: 98%

Pre-requisite: Sexual Energies School

MORE INFO

NEW!

ADAMUS ON TOPIC



DreamWorlds

BRIDGING THE REALMS THROUGH DREAMS

Your nighttime dreams are literally multidimensional realities, filled with experiences and new potentials, and vital for maintaining connection with your soul. Adamus compares the dream worlds to a multi-story building where different activities are taking place on each floor. Dreams closer to the "ground floor"

(earthly realms) are easiest for the mind to remember and may include nightmares and trauma processing. The higher levels are closer to the soul and therefore profound and meaningful, but difficult for the mind to recall. All dream worlds are filled with potentials of healing, abundance, and restoration that can be brought back into this dream reality when accompanied by self-worth.

Adamus says that our nocturnal dreams are happening on up to 24 different levels at the same time. While most humans use dreams to rehash old traumas or explore realities similar to the Near Earth realms, those who are *dream-aware* can explore and experience count-

less potentials of their own choosing. Your own dream worlds are quantum possibilities, and all of them are real!

Adamus is joined by Olivia Morales Zenteno, Shaumbra and founder of <u>A Thousand Dreams</u>, a worldwide project for the research, sharing and collaboration of conscious dreamers. He answers many questions on the nature and benefits of dreams, how to remember them, why humans have nightmares, differences among dreamers, dreams within dreams, hallucinations, and much more.

"Going into the more expansive nature of your dreams literally changes the past.... When you're ready, 'I will dream a bigger dream.'"

~ Adamus

HIGHLIGHTS

- This is just a dream, but it's not the only one
- You are dreaming all the time
- You can bring back the best dream potentials
- Are you worthy of them?
- Become dream-aware and literally change your reality
- Dreams: the next quantum thing for Shaumbra

Length: 1:22:22

Format: Downloadable audio, text, video

Bonus: Audio DreamWalk music track

Cost: \$25

Featuring: Adamus Saint-Germain, Geoffrey & Linda Hoppe, Olivia Morales Zenteno

Recorded at the Crimson Circle Connection Center, Louisville, Colorado, June 2022

NOTE: This product includes a free music download infused with DreamWalk energies to assist in bringing back potentials from your own dream worlds.

MORE INFO

WATCH EXCERPTS

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MBRA™ MAGAZINE 0722 9

FEATURED ONLINE EVENTS



THE THRESHOLD™ ONLINE • JULY 08–10, 2022

The journey of an angel from first arrival on Earth to final emergence as a Master is long, filled with experiences, joys, and heartaches. Forgetting oneself is the "fall from grace" for which humans eternally seek redemption. But the accumulated layers of guilt and shame cannot be brought into Realization, so the dragon comes in to dig up and release every burden still carried by the human.

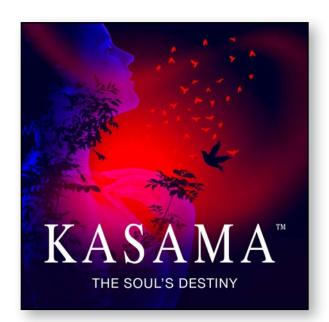
FEATURED ONLINE EVENTS



DREAM OF THE MERLIN ONLINE • SEPTEMBER 10–11, 2022

The title of Merlin is bestowed on those who allow the magic of their own energy to serve them in grace, and are illuminating their light to the planet. Join Shaumbra from all around the world for this inspiring 2-day event for channels from Adamus Saint-Germain, Merlin, Sam, Nikolai Tesla, and mystery guests, plus special presentations from Geoff & Linda.

MORE INFO



KASAMA[™] ONLINE • AUGUST 19–21, 2022

If you've ever wondered about the nature of your soul – what it is, where it is, and how to allow it into every moment of your life – this Cloud Class will bring you to a new level of awareness. Adamus answers some of the biggest questions about the soul, as well as staying on the planet as an embodied Master with energy serving you in grace. English and Spanish.

TAMBIÉN EN ESPAÑOL

MÁS INFO

MORE INFO



SEXUAL ENERGIES SCHOOL® – NEW ONLINE • DECEMBER 09–11, 2022

This opportunity for profound transformation and healing is offered twice a year. With benefits that can include better health, the end of energy stealing and power games, balanced relationships, enhanced creativity, and true enlightenment, it is ultimately a return to Self. Hosted live by Geoffrey and Linda, includes multiple sessions with Tobias and Adamus, as well as guided personal experiences.

MORE INFO

FEATURED IN-PERSON EVENTS



Adamus is rolling out a new gathering titled *Staying in Grace*, about staying here on the planet in grace, as a Master, at this Time of Machines, even when faced with the challenges of everyday life. This event will be held at Villa Ahmyo in Kona, Hawaii, an ideal location for experiencing grace with the natural beauty and peaceful energies of this remote Pacific Island.

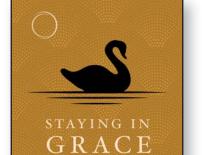
MORE INFO



Are you ready to let Time work for you? In this new workshop, Adamus will take you through the experience of Time Traveling in the Now, allowing the Past and Future to come to you. He'll guide you through experiences of

MORE INFO

being in And Time, where you can still function in linear earth Time but also in Æterna, or No Time. It's one of the greatest gifts for an Embodied Master.



TIME TRAVELING

GRACE

STAYING IN GRACE KONA, HAWAII • NOVEMBER 9–13, 2022

Adamus is rolling out a new gathering titled *Staying in Grace*, about staying here on the planet in grace, as a Master, at this Time of Machines, even when faced with the challenges of everyday life. This event will be held at Villa Ahmyo in Kona, Hawaii, an ideal location for experiencing grace with the natural beauty and peaceful energies of this remote Pacific Island.

MORE INFO

MASTERS IN COMMUNICATION KONA, HAWAII • NOVEMBER 21–25, 2022

This workshop signifies a new era for Shaumbra as we transition from being the students to becoming true Masters. It's all about energy and communication, whether with non-physical entities, nature, other people, or yourself. All energy IS communication, the song of your Soul, and it's time now to understand how it flows and how use it without limitation.

MORE INFO

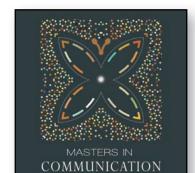
EVENTS CALENDAR

2022

PLEASE VISIT CRIMSON CIRCLE STORE FOR MORE INFORMATION ON THESE EVENTS

NOTE: Not all events may yet be open for registration; Crimson Circle Angels receive advance notice. CCCC – Crimson Circle Connection Center, Louisville, Colorado

JULY		
02	Monthly Webcast & Shoud	CCCC & Online
03	Keahak XII Intro	Online
08-10	The Threshold Online	Online
09	Keahak XII	Online
23	Keahak XII	Online
AUGUST		
06	Monthly Webcast & Summer Party	CCCC & Online
13	Keahak XII	Online
19-21	Kasama Online	Online
27	Keahak XII	Online
SEPTEMBER		
03	NO Monthly Shoud in September	-
10	Keahak XII	Online
10-11	Dream of the Merlin - Online	Online
24	Keahak XII	Online
OCTOBER		
01	Monthly Webcast & Shoud	ONLINE ONLY
05-09	Staying in Grace	Villa Ahmyo, Kona, HI
08	Keahak XII	Online
22	Keahak XII	Online
26-30	Time Traveling with Adamus	Villa Ahmyo, Kona, HI
NOVEMBER		
05	Monthly Webcast & Shoud	ONLINE ONLY
09-13	Staying in Grace	Villa Ahmyo, Kona, HI
12	Keahak XII	Online
21-25	Masters in Communication	Villa Ahmyo, Kona, HI
26	Keahak XII	Online
DECEMBER		
9-11	Sexual Energies School Online	Online
17	Keahak XII	Online
17	Monthly Webcast & X-Mas Party	CCCC & Online
31	Keahak XII	Online



SHAHAMDAY MAGAZING 0720 13



THE DREAM I DREAMIED

THE INTUITIVE DREAMER

always had foresight. I was only 18 years old when I started doing communication strategy for companies, but not even then did I worry about getting to the essence of things on time.

Years into my career, on a Friday afternoon, the VP of a large communication group – with 12,000 employees at the time – asked me to go through a ton of market research and present the international positioning strategy to the CEO on Monday morning. As I had planned a weekend–long trip with my Mom, I refused, but the VP insisted, as apparently nobody else had been able to get the job done.



By Olivia M. Zenteno [aka Aberdeem]

I did not change my plans, though; after returning to the city on Sunday night, I devoted two hours to fill my head with all the information and went to bed undisturbed, adjusting my alarm clock only an hour earlier than usual.

I woke up fresh and clear, with the core issues distilled, as I knew I would; the document was ready on time, of course: pristine, simple, and on point, and it worked beautifully at the meeting.

With such an orderly and strategic mind, very much aware and in sync with time and timing, I intuitively used the dream state to bypass conditioning; I understood possible futures and trends but also inevitable outcomes months before people around me could see them. It took me a lot to go back and reconstruct for them how I had reached those conclusions, but the thing is, it was not a mental process. Those were not conclusions; it was knowingness.

In essence, that was the first door I opened into dreams, one of the many topics Adamus covered in the splendid, enticing,

and fascinating dissertation he offered in *Adamus on Topic: DreamWorlds*. I did not remember anything from the dream state; I just woke up knowing. I still do.

Naturally, just before I was forced – by my own self – out of that corporate world and into this Shaumbra journey, I was sure that my future lay in nation-wide prospective planning, or maybe even global planning, nowadays called futures design; strategy and future were my things, and it was painful to leave my dream, or so I thought.

THE JOURNEY

The remembrances of actual experiences in dreams opened for me as a bottle of champagne. But even if those early dreams were undeniably real and intense happenings, shaking me to the core – an odyssey I was trying to share with colleagues around me, to no avail – I can vaguely state that the trigger was Tobias calling in September 1999. Such a shame I did not document all of them from the very beginning.

I went from distilling the essence of things to getting precise information ahead of time. The rules of this 3D world shattered in front of my dreamy eyes as I started flying, visiting places that would typically be inaccessible to me, including outer space, and having unnatural perspectives of the material world. I also began attending events I wouldn't have been invited to, in the physical, and meeting dead people, literally. At a peak in 2005, I met my Soul alongside a group of us led by Adamus in Paris; where else? And all along, I was aware of dark forces observing me.

Of course, I have had the 2007 "puppy living in a fish tank with oxygen" or the 2011 "eagle hunting a raccoon and having Mexican beans as a side dish for dinner" kind of dream. Yet, I consider those vague, symbolic dreams to be rare occurrences, more fitting of the early years of my dream journeys.

I progressively realized that there is this parallel non-physical reality in which we are all connected; there, I have conversations with people with whom I do not have contact in real life, for whatever reason. In a dream of 2012, I was the first to congratulate a Mexican presidential candidate before the end of the election day—just a formality, as we both knew he had already won. And Queen Elizabeth II appears to be a cherished acquaintance in the other realms, whom I last encountered in September 2021.

There are also private parallel realities, so to speak. In May 2011, just after Adamus mentioned the brand new program, I attended the Keahak classification exams, which he held on an island. Thousands of postulants gathered in a massive conference room with volcanic rock walls; it may have been a gigantic cave within a mountain at the heart of this peculiar resort, and we were all waiting for our turn to get harshly examined. Seeing that I visited the island a few times, I suspect this was a deliberately created reality for getting acquainted in the pre-Keahak days.

DREAMS IN TIME

And I became fascinated with dreams in time. Not only have I been to the past, or to fantastic scenes that can only be called "future past," I have also



been to alternate branches of reality that did not materialize and different aspects of future potentials for this timeline. I even documented having been outside of time altogether – I know.

I have seen myself in the future – that was quite impressive. Now that I think of it, I have also seen myself in the past, with a large group of people in their past selves, in events that never occurred. Isn't that something?

In September 2007, I dreamt about the assassination of Jacqueline Kennedy in a museum in Germany; the feeling was intense. After doing my research, I

concluded that it could have happened when JFK visited the country in 1963, but she was pregnant and feeling unwell, so she skipped the trip, sending her sister instead. If it had taken place, could JFK's assassination have been avoided? Mere speculation.

And I contend that by connecting to some real future potentials, they fade away or transform: before the Mexico City earthquake of February 16, 2018, I dreamt about it twice. In one of the dreams, an entire building crumbled in seconds in front of me; I felt every bit of the energetic collapse while leaning crouched onto the wall of a smaller building a short block away. Fortunately, not a single building crumbled in the actual 7.2 Richter magnitude

MULTIDIMENSIONAL LIVING

earthquake that took place.

In time, it also became evident that all experiences are simultaneous, a topic I explored in the post <u>Parallel Lifetimes</u> on my blog on Medium. And the awareness of timelines, realities with the same characters and general circumstances but with a different feeling, is most recent. I touched upon this in the post <u>The Art of Dreaming Part 1</u>, also on Medium.

But the whole dreaming experience continues to evolve into a fun and fascinating multidimensional way of living. In 2021 I was looking for an investor for *The Book of Dreams* and, in real life, sent an email to a prominent businessman; a few weeks later, I encountered him in dreams. There he was in the back seat of his armored van, accompanied by corporate executives, discussing the possibility with me. Sadly the matter remained undecided, but I take the meeting as perfectly real.

Something similar happened with Oprah, to whom I also sent an email; in dreams, she told me to use some keywords so she could identify the message in real life, but she hasn't answered so far. This is part of the dreaming experience: frustration. Either she is not so aware, or I dreamt the whole thing. Just kidding.

On the other hand, sometimes dreams permeate my conscious experience, like when Adamus and Tobias visited me for a healing session in September 2019. Needless to say, Adamus opted to explore the terrain while leaving Tobias to work on my body on his own, not that he needs help, of course, but that is not the point, if you know what I mean. Anyway, in the dream, it was raining inside the room, and a few hours after waking up, I saw the same scene in a movie, now with god fairies instead of Ascended Masters. What are the odds? And the message? No idea, and does it really matter?

I was never invested in interpreting my dreams – not by any traditional standards, anyway – and by now, I do not crave to bring data from the dream world; it is just fascinating to be there, an experience unto itself. And it is hard to say; what if Queen Elizabeth represents my grandmother? Although, I seriously doubt it, in dreams I have been encountering the whole royal family for years..

Ultimately, the information we want or need gets to us in whatever way possible, in this reality or the others; in my case, it is mainly through dreams because my mind retracts in those realms. But the exploration is not about that: it is about the inexhaustible experience of bridging new-found realities.

The dream worlds and the real world are intimately and inextricably connected; dreams are as much a reflection as they are the building blocks of this 3D world. And I see their potential to affect our own lives, the lives of others around us, and the planet, something that Adamus brilliantly touched upon in DreamWorlds. I will say, poetically, that we can bench on the other side, too.

THE DREAM I DREAMED

It is not that the future is at the core of the dreaming experience; far from it. But I continue to be fascinated by it, and it is a present-moment endeavor, as strategy itself, as dreaming itself. Interestingly, to this day, I continue to dream I get summoned into strategic groups working to save the world.

But the dream to dream my dreams, share them and continue to explore dream worlds is beyond any of my human, earnest drives; it is a Soul passion, and I can attest that even when profoundly loving my expertise, this is something else.

It was utterly unrealistic from a practical standpoint to be at the Shoud on June 4, but standing in the kitchen of my father's apartment I heard: "we are behind you, if you do it now." In the dream I don't remember having dreamt, I sensed this solid support for the enterprise I was about to embark upon, regardless.

After so many years of feeling cold, dispassionate, in a void, of knowing that any new venture or project would take me only so far, the recognition of what was always right there shocks me. But I do not judge myself harshly; it was appropriate.

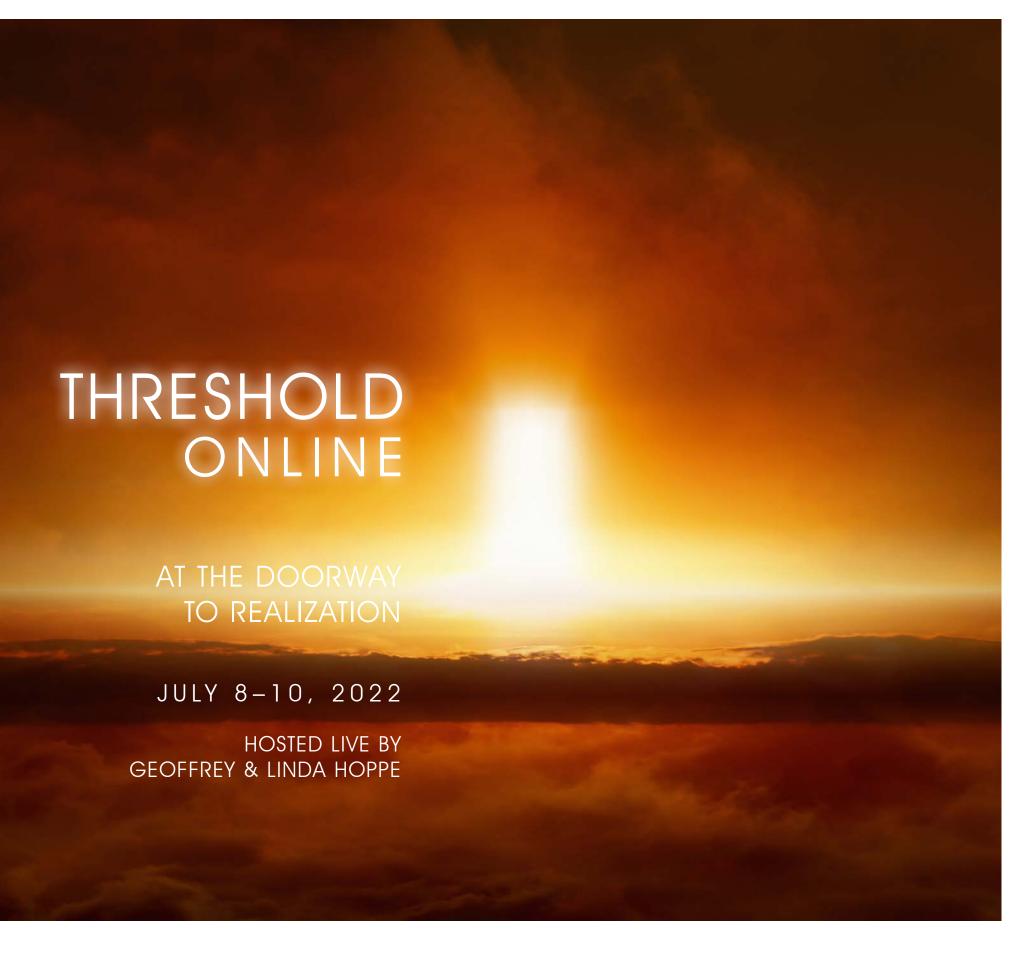
In a very literal way, I now know I have to dream before my dreams can come true, and inspiring a beautiful planet has finally become my strategy and future.

In a way, I never left my dream, I merely started living it.

Olivia M. Zenteno [aka Aberdeem] is a branding and business strategist. With 20 years of documented dreams (2002–2022), she explores the dream worlds and writes about them on Medium.

Along with her team, she is venturing on A Thousand Dreams, a platform for dreamers to document, analyze data, and share dreams with the world. athousanddreams.world

SHAUMBRA" MAGAZINE 0722



The journey of a new angel from first arrival on Earth until they finally emerge as a realized Master is very long and winding, filled with experiences, joys and heartaches along the way. Getting lost on Earth and forgetting oneself is the "fall from grace" for which so many religions try to offer redemption. For this, and for countless "mistakes" along the way, humans have accumulated layer upon layer of guilt and shame, most of which they are unaware. Shaumbra in particular carry a tremendous burden of guilt from the times of Atlantis, and many embarked on a spiritual path to find that inner forgiveness. However, every Ascended Master, without exception, has gone through the often brutal experience depicted in Threshold – facing what Adamus calls the dragon, the relentless inner challenge to uncover and release every guilt and shame still borne by the human. Without this liberation, one simply cannot go into Realization.

The thread that winds through Threshold is the true-life story of Margo, an Ascended Master who faced incredible darkness, pain and challenges on her way to Realization. Her journey is a metaphor for every Master's trials as they release all that holds them back. The dragon of clarity appears, accompanying the soon-to-be Master on every step, until all is released. Adamus tells of his own brutal encounters with the dragon in his final months on Earth, as well as the challenges faced by Tobias and Kuthumi in their final times before Realization. The dragon guards the door to Realization, and then accompanies you through it the moment you are ready.

SESSIONS

1. Why Threshold

Although it is the last thing anyone does before Realization, including every Ascended Master, this information is not being taught anywhere else. Threshold is the reason Adamus is working with Shaumbra, especially the "Founders," and the dragon is a very important part. He says, "If you think you've already encountered the dragon, think again."

2. The Journey Begins

Realization is remembering who you really are; why did you wait? Margo's journey begins, a metaphor for your own; what's your story?

3. Forgiveness

Guilt and shame are seductive, they keep you working on yourself instead of allowing. There is no karma because the energy is all your own. At the end of the path, Margo misunderstands a sign, and finally hears an all-important whisper.

4. Guilt

There is no guilt in the I Am, it is entirely human made, and Adamus talks about where it came from. There is a choice to be made: Are you ready to receive the unforgiving forgiveness?

5. Invitation

At the end of the road, there is one final thing to allow. Can you receive it? Are you worthy enough? If so, it comes into every single part of your reality. All you need to do is receive.

6. Fall from Grace

The guilt comes from nearly every point in your existence on Earth. You got trapped, the "fall from grace," turned your back on your own energy, and now suffer the indignities of being human. There is a particular point of guilt for Shaumbra.

7. The Encounter

Reminding us it is important to feel the energy behind the words, Adamus tells the stories of Tobias, Kuthumi and then himself, and their painful encounters with the dragon.

8. Taking Flight

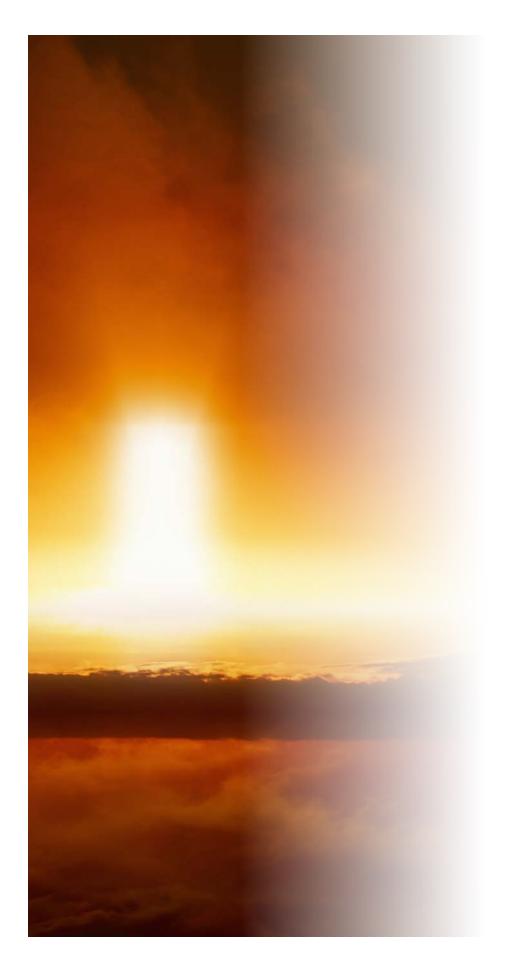
This time for integration brings a profound and unforgettable journey with the dragon.

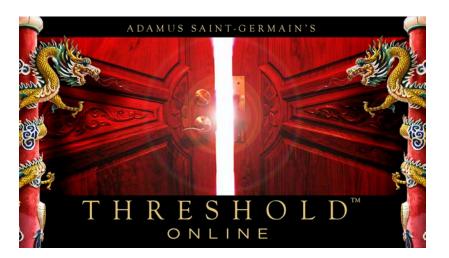
9. Questions & Answers

Adamus answers listener questions about Threshold.

10. Your Light

Your own personal timing is absolutely perfect; a natural alignment is taking place on all levels, even your past and future lives. Margo's story concludes; she is now at the Ascended Masters Club and part of every Threshold gathering. When the dragon has found everything, will you stay and share your light?





HIGHLIGHTS

- The path to Realization holds a few surprises
- Secrets hidden deep beyond the human's grasp
- The dragon comes to find them
- An unrelenting demon becomes your dearest friend
- St. Germain himself did not escape
- The final ruthless step before Realization

Format: Streaming video and online text e-reader

Cost: \$595 (50% discount for previous attendees)

Access: 90 days access to video and text e-reader & translations

Prerequisite: To register for *Threshold*, you must have

attended the <u>Sexual Energies School</u>.

Text translations included:

DeutschDansk

• 한국어

Magyar

● Italiano ● 日本語

• Español

Polski

Français

• תירבע

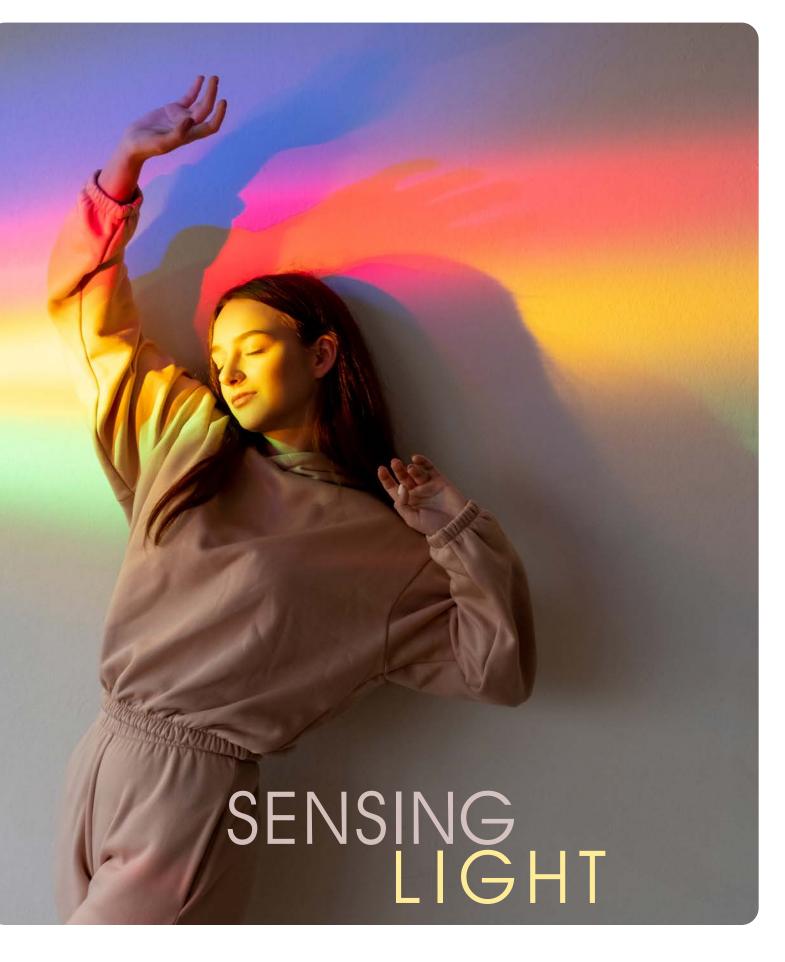
Română

PortuguêsРусский

MORE INFO

WATCH EXCERPTS

22 SHAUMBRA" MAGAZINE 0722 2 SHAUMBRA" MAGAZINE 0722 2



emember that New Age trend in the early 2000s when everyone called themselves 'light workers'? Personally, I never liked it much. The term felt too dualistic, but also too light-minded. "I didn't come

to Earth to bask in the light, I came here for some serious shadow work," I thought back then. Somehow, I always felt more comfortable with the shadows than with the light. In the shadows you can hide; there's more room for grey areas, too. It's not as confronting as the light. But, as we've all come to experience, there's not one without the other. It's pure physics: The brighter the light, the sharper the shadows.

The nature in Finland is quite fascinating. It's a country where contrast is palpable, where both light and darkness can be experienced in their full expression. I was born at the darkest time of the winter, when the sky changes from black to dark gray to a slightly lighter shade of gray. Right now, around the summer solstice, the days are seemingly endless with the sun setting for about two hours at night. On days like these, everything feels lighter and more colorful.



Bv Kim Seppälä

So, all of this is making me reflect on our "job" of shining our light. Reflecting is appropriate, since that's what light does: Darkness absorbs, and light reflects. The question that's been haunting me lately (or perhaps since the downfall of Atlantis), is: How much can I shine? Is it really safe enough to stop holding back and allow my radiance in its full brightness? And how appropriate is it to shine when the world around me crumbles? Would it not be more sympathetic to suffer a little and keep other people company in their darkness...?

Adamus has been quite clear on that, but I needed my own reminders. So this is me reminding myself: Me shining my light is the best thing I can do for myself and for the world. In a recent *Time Traveling* event, I learned a trick from the professor: If you forget how impactful shining your light is, receive the light that others shine and notice the effect. Now whenever a doubt shadows my thoughts, I do some receiving. Someone also called it allowing, but I prefer to call it receiving. Here are some ways how I practice receiving light:

THE SENSE OF LOVE

Receiving soul's absolute acceptance of all parts of me brings light both to my present experience and my past selves. Love, or acceptance, alchemizes darkness into wisdom. Receiving soul's light has also been called 'forgiveness,' but that is a rather archaic and limiting translation of seeing how your soul sees you. Love can also be received by not resisting energy, and instead accepting and allowing your energy. For me acceptance is what allows light to move and touch even the darkest corners of the self.

SHAUMBRA" MAGAZINE 0722

THE SENSE OF BEAUTY

Beauty doesn't take sides; the magical thing about beauty is that something can be dark and still be beautiful. I would even define the sense of beauty as the art of seeing the spark of light within something dark. It would be hard



to imagine something beautiful that has never included a drop of darkness. Another way to express this is that darkness creates depth for the light, as Vili, a fellow time traveler, expressed it. Or, in the words of Martin Luther King, Jr, "Without the dark, we'd never see the stars." Beauty gives darkness a purpose and highlights the light.

THE SENSE OF INSPIRATION

Another thing that helps me to receive light and shine my light brightly is spending time with other Masters. There are few things that are more inspiring than seeing a fellow human radiating their light. This can be done through enjoying art created by others. After all, art is essentially just shining light through a particular form of expression. Inspiration can also be found by sharing experiences with other Masters. (Although I have noticed that some of them have a rather dark sense of humor.) Inspiration shows us how impactful shining our light can be.

THE SENSE OF PRESENCE

In the *Time Traveling* workshop, we also learned that light cannot be received or transmitted in the past or the future. This might be surprising

if you remember a really good experience from your past, or if you think "Surely my future self is brighter than my present self." We can shine our light into the past by being in our presence and inviting the past into our presence. Similarly, we can shine light into the future or receive light from our future self by inviting it into our presence. Light transcends time when we are in our presence.

THE SENSE OF LIGHTNESS

This sense could be described as a combination of the human sense of 'humor' and the angelic sense of playfulness. The sense of lightness is about seeing the joy, fun or humor in any situation. Playfulness makes even darkness laugh at itself and feel lighter. If you have difficulties with being light-minded or playful, my recommendation is to call in Kuthumi, Sart or Jascha. And while many of the realized comedians are dead, being dead is not a prerequisite to being funny.



All of this leads me to the conclusion that light shines in many colors and expressions. Just as there isn't only one way to come into Realization, there isn't just one way to transmit our light or to receive light. One thing I'm sure about though: In order to transmit light effectively, we also need to be good at receiving it.

Usually receiving light is enough to cast away any doubts, but if all of the above doesn't work, I ask myself: What did I need during my darkest hours? Did I want company in my suffering? Sure, but if you had come to sit with my teenage-self and asked her: "Is my light too bright for you? Would you like me to dim it down a little, so that you're more comfortable with your own darkness?" here is what I would have replied: "Hell, no! That light is the only evidence I have of a way out. It's my only ray of hope that I can get out, too. Don't hide that hope from me." And maybe there would have been days when someone was shining their light and I wasn't ready to see it, because my eyes were adjusted to the darkness. But the strange thing about light is, well, you don't need a whole lot of it to have a big effect. A small candle in a big dark room is very different to a big dark room with no candle. So perhaps it isn't so bad to be light-hearted and a bit light-headed too.

Kim is a psychologist, writer and consciousness explorer. For her master's dissertation, she studied how dramatic techniques can be applied to facilitate the process of integration after trauma (think of Aspectology and Act of Consciousness combined). Kim can be reached through her website: www.kimseppala.com.

ADAMUS SAINT-GERMAIN'S

PROGNOST 2022 UPDATE

META REALITIES

NEW – AVAILABLE JULY 14, 2022

Reality exists because consciousness is present, and this physical atomic-based realm is our current experience simply because it's where humans are focusing their consciousness. Yet it is only one of many realities. A new digital reality is now coming into existence, aided by technologies like artificial intelligence, augmented reality, and virtual reality.

As human consciousness becomes more digitally focused in realms like the metaverse, it influences the rapid evolution of the new human species. The resulting potentials are unsettling, but that's why you're here. Adamus says this is the time to be hyperaware of your own consciousness and where it is focused, because your light has a direct influence on the new realities being chosen by humanity.

Adamus gives a fascinating look into the rapidly developing digital realities being explored and experience by humans across the globe. Augmented reality is already here in mechanical ways, such as hip and eye lens replacements, and swiftly emerging in digital ways through wearable visual augmentation. Virtual reality is a fact of life that began with video games and is quickly becoming more immersive and "real" as people begin to inhabit the meta-universe. Adamus says that soon we will have Total Digital Reality where a human can be digitized and uploaded into the metaverse. Interestingly, it's not much different than embedding our consciousness into the biological/physical reality in which we've been living. But what are the ramifications?

What happens when people become immersed in digital reality where there is no death and life seems to continue on forever? Adamus answers this and many other questions, before leading a Merabh for allowing yourself to remember the other realms. It's your natural state is to be walking in many worlds.

"We are in the midst of a quantum leap of consciousness on the planet... It's going to change everything, but it's also going to bring conflict, because there are those who don't want to change. That's absolutely fine, but they're going to find it increasingly difficult to stay here, to live on the planet in a time of a quantum change in consciousness." ~ Adamus

SESSIONS

1. Consciousness is Everything

The most important factor on the planet right now is the discussions about consciousness, and this "tsunami of consciousness" will change the very basis of reality itself. There is a pent-up demand for evolution and change, a new human species is emerging, and it can all be a little scary. But, dear Shaumbra, this is why you're here.

2. Reality Structure

You're invited to let go of everything you thought you knew about reality. Adamus explains how this physical atomic reality is constructed, saying it became validated because it was first theorized, because the observer affects reality. Now, what happens as humans create and inhabit digital realities? The potentials are mind-boggling.

3. Allowing Other Realms

Adamus answers questions about the impact and humanity's interaction with the emerging digital realities, then leads a Merabh for allowing many other realms, all of which are real. In fact, you can illuminate and choose whatever reality you desire; this is why you stayed. We are just beginning our adventures into other realities. Where is your consciousness?

HIGHLIGHTS

- Consciousness is the basis of every reality
- Everything now is about the quantum leap of consciousness
- Humans are moving into digital realities
- Perception comes from within and the observer changes reality
- It's time to be hyper aware of your consciousness
- Digitize or energize?

Format:

Streaming video, audio and online text e-reader

Cost:

\$75

(through October 7, 2022, \$95 thereafter)

Access:

90-days access to video, audio & text e-reader

Featuring:

Adamus Saint-Germain, Geoffrey & Linda Hoppe

AVAILABLE JULY 14, 2022



In this highly informative Cloud Class, Adamus answers some of the biggest questions about the soul, as well as staying on the planet as an embodied Master with energy serving you in grace. The premise is simple: You are in the midst of a beautiful and natural process of reuniting with your soul, but oftentimes it seems challenging or elusive because of the human perspective and conditioning.

Adamus addresses the toxic element of suffering that humans have come to accept as part of life, even though suffering is totally unnecessary. He discusses the attributes and destiny of the soul in a way never presented by religions, philosophers, or gurus. His definition brings clarity to the relationship between the human and its soul, as well as a feeling of familiarity as you remember the inherent intimacy of your soul.

If you've ever wondered about the nature of your soul – what it is, where it is, and how to allow it into every moment of your life – this eight-part Cloud Class will bring you to a new level of awareness, along with many profound "ah-ha" moments.

SESSIONS

1. Kasama vs. Suffering

The ancient word "kasama" means the soul's destiny, which is the natural and inevitable reunion of Self and completion of lifetimes on Earth. While this destiny has never been in doubt, the human felt separated from the soul for a very long time, which brought the opposite of kasama: suffering. Adamus talks about the many ways

humans have created suffering over the eons, saying that it's time now to be done with suffering in all its forms.

2. Beyond Suffering

Adamus talks about the more unique triggers that cause Shaumbra to suffer, for they are different than for most humans. He then leads a merabh to go beyond this disturbed and unnecessary way of living. There is simply no need whatsoever for suffering; now is the time to be in kasama, the flow of all that you are.

3. Attributes of the Soul

With a peculiar reminder that "you can't get there from there," Adamus invites the listener to feel deeply into "I Exist." He then lists the main attributes of the soul and invites you to let go of the perceived separations between the parts of Self. It's all right here.

4. Attributes of Energy

After sharing the very important fact that "energy responds to self-perception," Adamus lists the main attributes of energy and then some of the triggers that activate it in the human experience. Energy reflects one's self-perception with total accuracy, which Adamus clarifies with his own "hierarchy of self-perception."

5. Self-Perception

The perception of yourself determines how energy responds in your life, and this can be changed at any time. Adamus tells a touching story that illustrates the unlimited potentials available when you perceive yourself in a new way, then leads a Merabh to do just that.

6. Choices

Adamus compares the communication from the soul to a pulse, somewhat like the human heartbeat, as they tune into and beautifully communicate with each other. He then guides an experience of making deep and conscious choices, but without the usual human definitions and limitations.

7. Kasama Effects

Referring to the previous in-person events upon which Kasama is based, Adamus discusses what he calls the "Kasama Effects," the things that Shaumbra tend to experience as they move into direct connection and communication with the soul. While challenging at times, this beautiful transition will ultimately settle into a deep balance and light.

8. Merabh of Kasama

Bringing it all together in a profound Merabh, Adamus invites you back into the deep space of communion and relationship with yourself. Let yourself feel the song of your soul in every cell of your body, every thought, every lifetime, every dream, every moment. Because here in your natural state "There are no struggles, no battles, no regrets, no worries. Here there is just the soul rejoicing." Welcome home.

HIGHLIGHTS

- Energy responds to your self-perception
- The song of your soul has always been there
- Now is the time to release all suffering
- Sing back to your soul
- See yourself in a new way
- Allow kasama to become a way of life

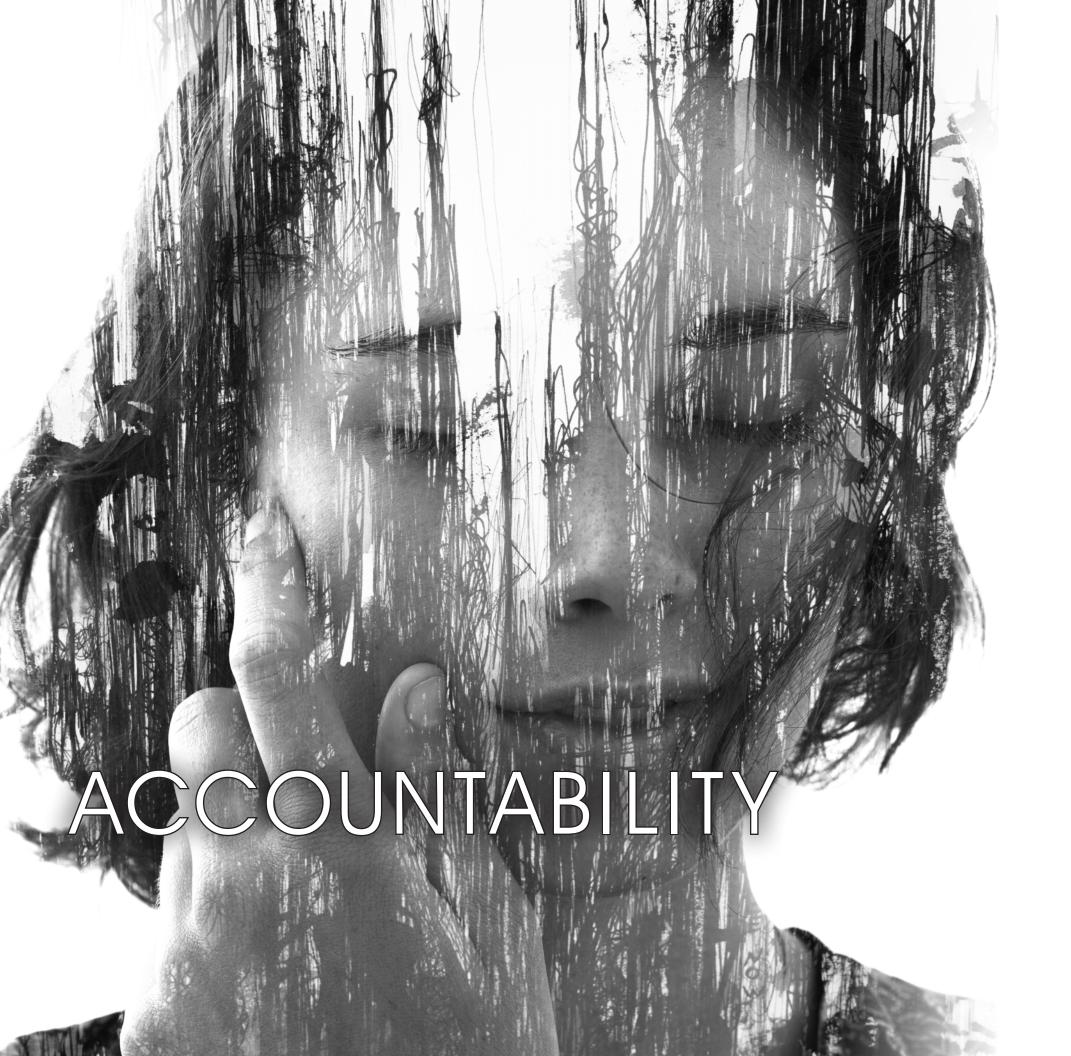
Cost: \$595 (50% discount for previous *Kasama & Energy Works* attendees)

Access: 90-days access to video, audio & text e-reader

MORE INFO

MÁS INFO

WATCH EXCERPTS



n the last couple of days, the word "accountability" has been coming to me, which beautifully brings together the wisdom of the last four months.



By Antonia Lyons

At the end of February, I suddenly felt the strong need to disappear.

This was not an invite to take my foot off the gas for a while; rather it felt like a death warning. Things were going quite well at the time; I was enjoying my daytime job very much, my contributions within the Crimson Circle group on Facebook were being valued both privately and publicly, my husband and I were stronger than ever. Even my online adventure "Evoking Grace" had started to gain the attention and interest I had hoped for.

It was actually at the end of a session with a client that I felt as if my heart had been squeezed by very strong hands, and from there on it all went downhill. What I got to see about myself and my creations during the coming months often left me breathless, confused, and mortified. Most of all, it left me in awe of the gracious way life seems to unfold even when everything falls apart.

Admittedly, I had been running on low for a while, struggling to feel rested and generally well within myself. I often came away from online client sessions feeling depleted and unsettled. It was only when I went to sit in the quiet of the most ancient church here in London, that I heard a voice echoing in my head: "You cannot recharge if you don't release." I knew instantly that the moment had come for me to release the story I had been telling my whole life and which was slowly killing me.

I honestly thought I was ready for it. Feeling strong with my own wisdom, that of my Shaumbra companions, and everything I had learnt through Adamus in the last two years, I just thought "Oh well, if my dragon friend is here, let me dress up for the occasion." Nothing could have prepared me for the brutal way events unfolded from that moment on.

Within a week, I got myself in trouble at work and became rather unpopular; I saw a woman lying dead on the pavement right in the middle of a traffic jam; my neck completely froze, and I managed to create not one but two cancer scares at the same time. Within the space of a few days, Miss Popularity, the girl who has wise words for any troubled soul, who always finds the smile through the tears, had nothing left to give.

I remember going back to the spot where I saw the dead woman and just stood there, knowing I was done with life. And this was not another little tantrum I could then go write about in the CC forum only to have my wise Shaumbra pals saving the day for me. This was a proper declaration of surrender to a world I simply no longer wished to be part of. I did not care about the amazing husband nor the beautiful dog; did not care about the lovely life we share together. I just wanted to go before I'd inevitably lose both, only to be left alone in this unforgiving world.

I started to see how the "mal de vivre" was nothing new. In fact, it had been with me forever. This ache that grips your heart and never loosens its hold sounds rather romantic in French, but in reality, it often leaves you with nothing to give. It was then that I clearly saw how I never truly gave myself to anyone, not even the man I love. It felt like I did not have enough to spare for the world because something else was eating up all my good stuff.

At the time, however, all this awareness was still very blurry within myself and it was not easy to attend to everyday life while so much was gestating way deep inside of me. One sunny morning I reluctantly made my way to the hospital for my biopsies. I kept playing different scenarios in my head, just in case the doctors shared news that no one wants to hear.

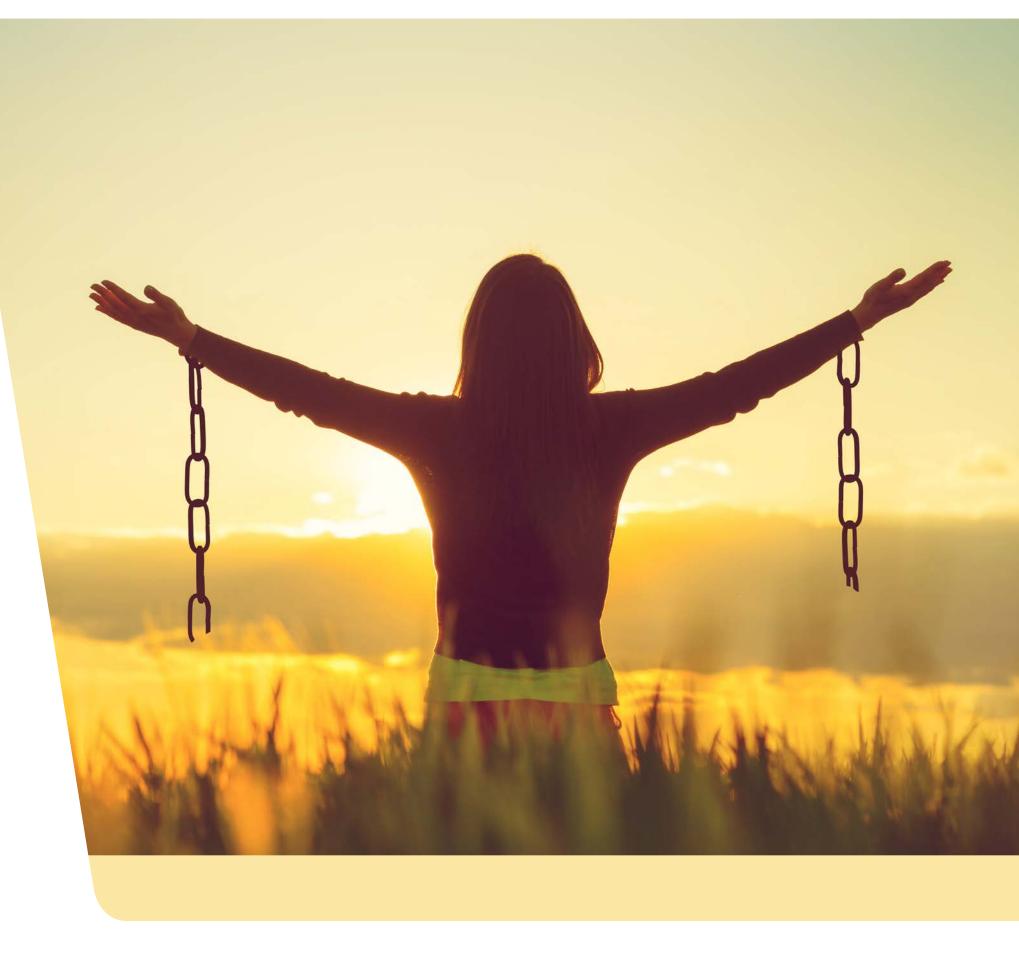
But the truth is, I did not care. Truly. Actually, I wanted it to be cancer.

Yes, I did. And while this was rather disturbing to admit even to myself, it was too big and too in-my-face to simply turn a blind eye. Why does someone like me hope for an illness? What was really going on?

That day I was told that a mole on my face was likely to be a carcinoma (oh yeah, this girl used to love a bit of sun once upon a time) and a colposcopy revealed an abnormal presence of carcinogenic cells and PV (Papilloma Virus) in my cervix. Doctors hoped for the best but told me to prepare for the unexpected.

How did I get here? The following weeks I got into proper survival mode: get up, get to work, hate the world, go to bed. Repeat.

One day though, while lying on the floor as the light filtering through the windows covered me like a soft blanket, I saw myself standing by a well. A very deep,



tranquil well. The quiet of this place was both familiar and very much needed. As I dived into the still, crimson waters, I felt enveloped by a warmth and comfort never known before. I knew I was in my own womb, and as I kept on swimming, I heard a soft whisper echoing all around the cozy chamber: "Come, come and be. Come, come and rest with me."

I suddenly felt so very tired. I started to cry. I saw the women from my mum's side of the family, generation after generation, all standing by that well, all seeking to be freed at last. Each one of them had been under an evil spell that had forced them to impose themselves onto one another. I saw how I had spent my entire life hoping to get respect and admiration from my mum and my sisters. Everything I had done up to that point, especially my wish to support others in their inner growth through *Evoking Grace*, had merely been an attempt to hear "*Bravo!*" out loud.

Seeking this approval had become such an obsession I lost both the joy of living and ignored the constant stream of love and support from other people. I see now that I actually never truly cared about them, for in the end I was only interested in my family's praise. All the good wishes and appreciation about my work went unnoticed because it never came from my family. Sad, very sad I know.

And I suddenly saw how, good almighty Universe (yes, my lovely Soul in disguise) one day got so fed up with my makyo that, out of utter love, asked: "Girl, are you sure you really want to support others to go back to all that they are?"

"Oh yeah, beloved Universe, I do. I definitely do. I am 100% all for love and only love," I kept on saying, truly believing my own BS.

"Are you sure, sweet girl? For your words feel heavy and empty, and what you seek will never come to be. That is my promise to you, for I love you so, my child."

Over the coming weeks these words kept coming to me, and I found myself in a bit of predicament when my mum decided to visit. I had not seen her in two years, I was exhausted and weary, and I truly was not looking forward to this reunion. Things can suddenly turn explosive in our family for reasons no one seems to quite understand or be able to solve.

Trying to embrace myself for yet another challenge, overwhelmed by resentment and ill feelings towards my mum and sisters for all the times I felt let down and betrayed by them, there I was sitting alone, mascara running down my face, feeling a big hole in my heart. Suddenly, I saw some lights hovering around me and knew right away they were my family's souls.

What a love I felt. What a gratitude, and what a joy. These souls, these bright and shining souls, had come back yet again to show me the goodness hidden in all the darkness I felt and feared. I heard, "Some of us don't

get to be born into families where our light can freely shine. Our only mission in this life, then, is to go out there and help others see their own light, within their own darkness."

In that moment, everything stopped, and I saw what I could never see before. I never came here so I could help others make their life perfect and show my family how amazing I am at doing that. I never even came so they could admire me and respect me. Far from it, in fact.

I came so others could see that their light never ever dims. Not even in the dark. I came to help them see how that quiet darkness is the guardian of so much goodness and promise, and that once we befriend our own darkness as much as our splendid light, we no longer need any praise or reassurance. Of course, the only way to do this was to live it out myself, because *I am accountable for all that I am.*

This last week has been rather interesting, feeling like a wonderful way to wrap up the last four months. New clients have come through, work is busy and exciting, my husband and pup are just as lovely as ever. Now, drinking my wine, I think of my mother in this lifetime, the incredible soul she is, and the arduous path she has chosen for herself. I am grateful, so very, very grateful. Because, while she may never, ever be able to see my light, I can see hers and that is all it matters. And I am truly determined to always see this, even when it sucks, and even when our humanness feels unbearable.

That is all I came for – to Evoke Grace within the messiness of life.

I finally caught up with the Shouds and the DreamWalk into Darkness was so welcomed and loved. I felt at home there in the vast void yet to be explored. My health is on the mend (I can move my neck again after many sleepless nights and my biopsies came back all clear), and once again have a genuine appreciation for a life I had stopped loving. I feel free.

While this is both new and strange to even admit, I cannot help thinking how wonderful that my good old friend Universe saw through all my makyo and made me accountable for all my creations. How cool is that, right? It's like I get a second chance at it all, and this time I'm going to make damn sure I enjoy every bit of it.

Antonia lives in London UK and is an "Energy Intuitive" & founder of Evoking Grace, an online sacred space designed to inspire you to thrive & live a happier life. She has created a very unique approach which combines intuitive skills, timeless wisdom, and practical tools to help you identify hidden dynamics which stop you from living well and truly enjoy yourself. Her offerings and writings can be found on Evoking Grace, Facebook, Instagram.

I CAME SO OTHERS

COULD SEE THAT THEIR

LIGHT NEVER EVER DIMS.

NOT EVEN IN THE DARK.



Once a year for the past eight years, we have joined our Merlin energies in celebration of our journey to mastery on Earth. With the unprecedented level of changes happening around the world this year, the 2022 Dream of the Merlin online event has the potential to be one of the biggest and most transformational ever.

"Merlin" is a title rather than name. There have been many embodied Merlins throughout the ages, each serving in that role at the most important times in history. Even Saint-Germain was known as Kammet the Merlin in the times of Camelot. Now, the title of Merlin is bestowed on those that allow the magic of their own energy to serve them in grace, and are illuminating their light to the planet.

This inspiring 2-day event will be webcast from the Crimson Circle Connection Center in Colorado so Shaumbra from all around the world can participate. There will be channels from Adamus Saint-Germain and friends for more than 8 hours of inspiration and celebration. You'll have 90 days access to all the videos. We'll also provide text transcripts (in e-reader format) of the channels within three weeks after the event.

The annual Merlin event has been the biggest annual Shaumbra gathering for many years now. Due to unusual circumstances on Earth and in the cosmos, we're doing it online once again, and the good news is that now more Shaumbra than ever will be able to participate. Join together with thousands of kindred Merlin spirits from around the planet for the Dream of the Merlin event in September 2022.

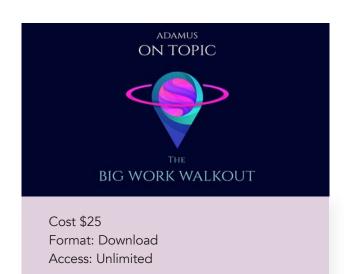
SESSIONS – Channeled messages from Adamus Saint-Germain, Merlin, Sam, Nikolai Tesla, and mystery guests, plus special presentations from Geoff & Linda.

COST – \$250 through August 21, 2022; \$300 thereafter

ACCESS – 90-days access to video and audio; text e-reader will be available within 3 weeks after the event

MORE INFO

NEWEST PRODUCTS



MORE INFO

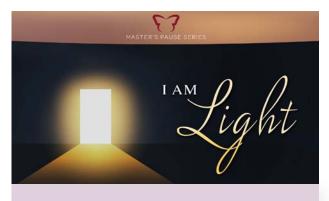
WATCH EXCERPTS

ADAMUS ON TOPIC: BIG WORK WAI KOUT

- CHANGING JOBS IN A CHANGING WORLD

Record-breaking numbers of people are walking away from toxic, unsupportive and uncreative work environments, leaving businesses desperate for reliable employees and supply chains struggling to survive. It's clear that the old model of 'employment for survival' is outdated and collapsing, but what will replace it? The planet is abundant, but is it appropriate for people to be paid simply for existing? What about the vast economic disparity among the extremely rich and the rest of humanity?

The entire landscape of work is changing drastically, and it's time to release the imbalanced energies around making money. Adamus says you shouldn't work for a living but rather live for a living. It's time for Shaumbra to become Standards for a whole new way of living in joy, abundance, creativity, and freedom. Release the old overlays and allow joy and abundance to be the result of how you spend your time.



Cost \$25 (through July 1, 2022, \$33 after)

Format: Download Access: Unlimited

MORE INFO

WATCH EXCERPTS

I AM LIGHT - ACCEPTING YOUR ENERGY

Your light always shines, even it's sometimes hidden. After many lifetimes of being judged, punished and rejected for your light, the human tends to keep it hidden, even from yourself, resulting in health issues, physical and emotional pain, conflict and lack. Instead, take a deep breath and allow your light to open and shine, filling you from head to toe with its gentleness, magnificence and wonder. You cannot hurt anyone with your light, but you can bring wholeness and joy to your human self. Don't wait until death to reunite; let your light shine now. It's your natural state!

Physical pain comes from holding back on your own light; emotional pain comes from turning your back on your true Self. Let your light blossom and flow, as the I Am rejoices in every moment of every experience.

Be in your light now, dear human. You've earned that right.



Cost \$25 Format: Download

Access: Unlimited

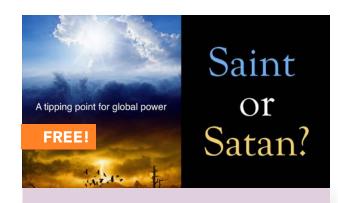
MORE INFO

WATCH EXCERPTS

METAPHYSICS OF PAIN - INSIGHTS INTO PHYSICAL PAIN FROM A NEUROLOGIST AND AN ASCENDED MASTER

Physical pain is a helpful "alert system" that the body uses to keep us safe. However, when pain is chronic and undiagnosable, there's something else going on. In this presentation, Kuthumi differentiates between the immediate, acute pain of a physical injury and the lingering aches and pains or "phantom pain" associated with things like bringing in the light body and integrating old stuck energies. He says that this type of pain is always emotionally based and offers very practical solutions in how to release it.

Neurologist Dr. Douglas Davies adds his medical expertise as he and Kuthumi discuss the purpose and causes of pain, and how to understand the source of your pain, offering practical solutions for releasing the chronic pain that many Shaumbra experience. An excellent presentation for anyone experiencing chronic pain or wondering how to communicate with their body.



Cost \$0

Format: Download Access: Unlimited

MORE INFO

LISTEN ONLINE

SAINT OR SATAN - A TIPPING POINT FOR GLOBAL POWER

Like something out of a Shakespearean play, Adamus talks about how Russian President Vladimir Putin is the incarnation of St. Vladimir (956 - 1015 AD). Now, Vladimir the Great reincarnates as Putin to once again lead his people, and perhaps the world. The invasion of Ukraine captures global attention, but the bigger issue is about power, and the story could play out in a couple different ways. Putin has the potential of resorting back to his warrior and power days by conquering Ukraine while the world watches Satan (power) at work.

Or Putin (Vladimir the Saint) may sacrifice himself by becoming the icon for old power games, be forced to back down in Ukraine, lose face and eventually all power. This sends shock waves around the planet, and a message from humanity that power games and wars will no longer be tolerated.



CC TIPS

Monthly tips to help you make the most of your Crimson Circle online experience

ACCESSING YOUR PRODUCTS AND CLOUD CLASSES

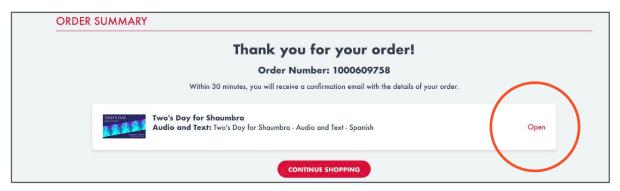
In Customer Service we get all sorts of questions, from easy ones, like how to reset a password in the CC store to more complicated ones, like how to include captions in videos. But one question in particular pops up quite often: How to access a product or Cloud Class when you can't find the email with the link.

Therefore, here is a step-by-step guide to help you access what you have purchased.

There are *three ways* to access your product or Cloud Class:

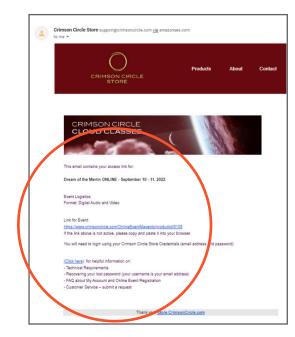
- 1. Use the link provided at checkout
- 2. Get the link in your e-mail
- 3. Go to your Crimson Circle store account

Option #1 – Using the direct link: Every time you complete a non-event purchase in the store, the last page gives you a direct link to the product. You just need to click on "Open." (If you have purchased a live hosted event or Keahak, you'll need to use options 2 or 3.)



Option #2 – Using the link in your email: After every qualifying purchase, we send you an email with the receipt and another email (from support@crimsoncircle.com) with the link to the product or Cloud Class. This second email may take some time to arrive, so if you would like immediate access and missed the direct link, just go to option 3.

Remember to safelist our "from" email addresses so all our communications get to your inbox.





CC TIPS

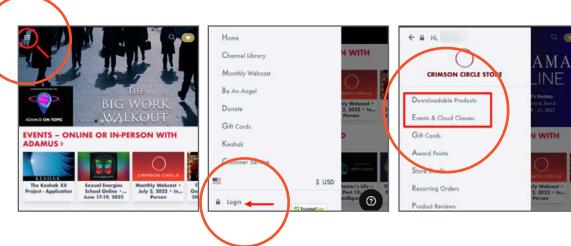
Monthly tips to help you make the most of your Crimson Circle online experience

Option #3 – Using your Crimson Circle Store account: Go to <u>store.crimsoncircle.com</u>, login as usual, then click on your name in the upper right corner of the page or, on a mobile device, tap the three horizontal lines in the upper left corner.

Desktop:



Mobile:



Then choose "**Downloadable Products**" or "**Events and Cloud Classes**," find the icon for your product and click on "Open."

If you're still having trouble, please write to <u>customerservice@crimsoncircle</u>.com or click on the Help widget at the bottom of the website, tell us exactly what is happening and remember to include a screenshot and information about the device and browser you use.

For more helpful information, please visit the Crimson Circle Service Center

THE CRITICS CORNER

Excerpts from Shaumbra reviews and comments on various products in the CC store. To leave your own feedback on any class or product, simply go to the item page in the Crimson Circle store and click on Ratings and Reviews!



THE SCOOP ON POOP!

In a very animated, colourful discussion moderated by Linda, Dr. Doug and Kuthumi talk about what pain really is both physically and emotionally and how it serves us. As Kuthumi says "Our issues are in our tissues"! ... However, I think my favourite part of this discussion was near the end when the discussion goes down the toilet as Kuthumi offers helpful solutions like "Your tool is your stool" and other scoops on poop. Thank you dear "Poop-thumi" as Linda names him! I now know you have been indeed hanging out in the bathroom with me.... Now pass the bran flakes – and toilet paper!

~ TO

SO PERFECT RIGHT NOW

This valuable information is so timely, for I'm in pain, in weird incomprehensible ways. It's not the kind of pain that is caused by an accident, or the kind that is there because of a diagnosed disease. My discomforts are diffuse and ever-changing and I'm in no doubt that it's primarily the result of the integrations and releases I'm allowing... This product clarifies well how to discern between different kinds of pain, and to know what it is can actually make the discomforts easier to handle. Dr. Doug explains how

fear, stress and trauma can increase the pain experience, and Kuthumi responds and the whole thing is a dance between the two. It's such a dynamic and fun conversation of bringing the metaphysical and practical together!

~ LC

INTERESTING BUT NOT NEW

I had to laugh about Poop-thumi and thought to myself maybe Kuthumi did that on purpose so Adamus formerly being called A-Dumb-Ass by Kuthumi now has something to joke about also.... Anyway, I enjoyed hearing from Kuthumi again and more about his experiences.

~ PS



NO LONGER AFRAID OF THE LIGHT

The Light is always there, no matter how dark it is, no matter how much I try to hold it back. To me, this Master's Pause is nothing new, it is nothing I have not heard

THE CRITICS CORNER

before. Though at the same time, it goes so deep. It is a pure pleasure to listen to. It is relaxing and reassuring.... It hit me in ways I still do not understand, and it does not matter.... I recommend you all to listen to this. It is not the words. It is the wholeness, it's so difficult to explain, but some «fear» has just vanished.

~ .

LIKE COMING HOME

Deep, touching, like coming Home. That is to me the essence of this Master's Pause. It talks directly to the heart and opens you up.... When the human has had tough experiences, being ridiculed, tortured, or even killed in a lifetime, it will shut down the light out of fear, to avoid being seen. The more lifetimes you have had on Earth, the more you tend to shut down. You also avoid seeing the things you have done yourself that you feel are wrong. Then it all builds up in your body and your thoughts.... Most of the time, when watching, I sat with tears in my eyes. It was all so very touching; also, the feeling why have I denied this precious part of myself for so long?

~ AMA

TIME FOR ANOTHER PAUSE

I Am Light is not about physical light. It is about the light of our awareness, and nothing exists without this light. Adamus explains what is light, why now is the time to open and let this light shine boldly and courageously, and how to do it. He also explains what is dark and what

happens to light when it enters duality. I remember moments in my childhood when I closed my light for many reasons – to fit into my family's patterns and programs, to become part of society – and yet, I dream of the world where people can shine their lights freely. Where there is acceptance of individuality, and everyone feels safe to express it.

~ IW

PAUSE IN YOUR OWN LIGHT

Years ago, when I was in the early stages of my awakening, I had what has been called the "dark night of the soul." Late one night I drove to a park to be alone. It was at the end of a long marriage, and as I sat in my car and contemplated what to do, I had a very real sense of myself as a small and fragile ember whose light was about to go out.

I knew I needed to make a choice to either allow that ember to be extinguished or to grow once again into a bright flame. For the first time in that marriage, I chose me and was essentially saying, "no more". Not only did that ember not go out; it began to grow from that moment on. I felt a peace that I had never felt before.

I now know that I was sensing my light and that it was time to allow it to shine once more. And that peace surely came from my soul as it said, "Be calm, I am here. And here we go!" I never doubted my choice from that moment and know that experience was vital in my awakening as I headed to my mastery. And that night was not dark but was filled with potentials yet to be realized.

This Master's Pause offers the invitation to not only allow your light to come into your life, but to immerse yourself in it.

~ KH

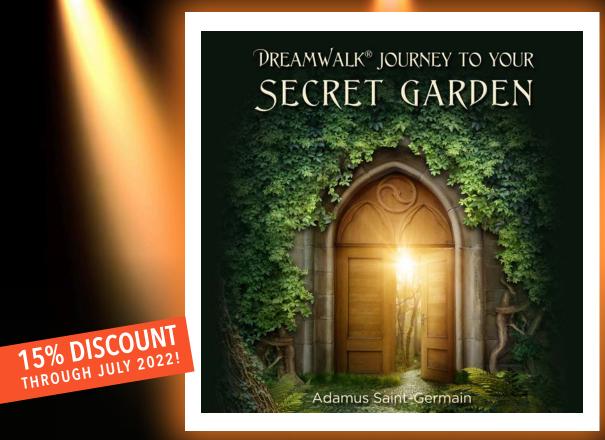
IT IS TIME

It is a bit surprising to me that in all the talks about the light body and pains comes the perspective presented very clearly by Adamus that there is a built-in mechanism that starts sending the pain signals when we try to hold back or not open up to the Light (within, of the I Am), and it actually says "No, open up."

So, as Masters, it is the only natural choice, otherwise it will be a painful choice if we do not open up to the light.

~ FM

MONTHLY SPOTLIGHT



OPEN TO UNLIMITED POTENTIALS

What if you could make a choice for any experience, any potential, any creation that you could possibly want? Everything is available in your own field of potentials, but humans have forgotten how to access their innate creativity. Now you can go beyond beliefs of unworthiness, struggle and sin into grace, abundance, joy and freedom. The story of Adam and Eve's eviction from the Garden of Eden is a metaphor for how we lost touch with our own inner Secret Garden of limitless potentials where anything is possible.

Imagine a garden, your own secret garden, that contain all of the potentials you created for everything you would ever experience.

Yet, after living in the mind and conforming to human consciousness for so long, this beautiful place was forgotten, and you came to believe in a very limited range of choices.

The good news is that the potentials are still there – just waiting for you to receive them into your life.

During this profound DreamWalk experience, Adamus Saint-Germain will guide you into your own forgotten Secret Garden, bursting with life and the potential for things like abundance, love, health, joy, happiness, peace, and anything else your heart desires.

After so many eons of thinking we were not worthy of such grand creations, Adamus offers this beautiful opportunity to release the old programming and fully experience life unlimited.

MORE INFO

HEAR EXCERPTS

HIGHLIGHTS

- 1. There is a beautiful place of creation that's only yours
- 2. Visit any time to bring new potentials into your life
- 3. You have already created unlimited potentials for yourself
- 4. Potentials can be anything
- 5. Important differences between potentials and probabilities
- 6. Are you ready to receive all you desire?

Available with 15 text translations!

Click to hear a sample of DreamWalk to Your Secret Garden

Length: 1:24:17

Format: Downloadable audio (mp3)

and text (pdf)

Cost: \$25 **\$21.25** July 1–31, 2022

Featuring: Adamus Saint-Germain

Recorded in Golden, Colorado, January 2013

NOTE: If you previously ordered this item, it will still be available in your "Downloadable Products" once logged in to your store account

SHAUMBRA HEARTBEAT -√√



hen I was a teenager, my dad had a radio show called "This is Life." He was a preacher and used the radio to share his version of the gospel, a fairly generous take on God's gift of salvation through faith in Jesus. I don't really remember much about the show, only that I had a crush on Charlie, the cute announcer guy with an amazing voice. But I always liked the title and have repeated it to myself often over the years. When something doesn't go as planned or an unexpected hiccup knocks me off course, I try to remind myself that "Well, this is life."

But for a long time, I also struggled with life, resisting my current experience in hope and pursuit of something better. My family's focus was on "getting it right" in this gloomy life to ensure that we'd get our reward in the next one. In fact, the more we suffered, the more we believed God loved us, because "Whom the Lord loves He chastens, and scourges every son whom He receives." (Heb. 12:6) To "chasten" means to "correct by punishment or suffering," so the whole point of life was to endure and even welcome the current misery in order to finally receive the heavenly reward. The entire atmosphere of my childhood was "Be good and get ready, because Jesus will come at any moment."

At some point, a hitch developed in that plan, for I had two conflicting desires: Go to heaven as soon as possible (so I could finally be happy) AND grow up and get married (because... sex!). A firm believer in the power of prayer, I often begged Jesus to hold off on his glorious return until I was no longer a virgin. (Apparently, he listened... ha!) But basically, the whole point of life was longsuffering endurance in hope of the ultimate escape.

From today's perspective, I can see it was just another iteration of the human tendency to resist or ignore *what is* in lieu of what we hope (or fear) will someday be. And sometimes I feel sad to see a lot of us still doing that! Frustrated with the struggles of life, we look to Adamus, Tobias or even our own Master self to make life better, to fix or rescue us from the current difficulties. Because "When life is finally going well, that's how we'll know we're a Master," right? Actually. I'm of the opinion that until we fully accept life *as it is*, it's NOT going to get better. The irony is that even a Master still has miserable days, as Geoff so clearly explained in his article this month, but it makes one no less of a Master than when everything is rosy. Being a Master is about what's inside, not what's happening around me.

Of course, total acceptance seems counter intuitive. If I'm in a miserable situation, going through another round of human purgatory, won't acceptance mean I'll be stuck in it forever? Shouldn't I try to fix the situation or at least make it better? There's nothing inherently wrong with trying to change my life, but when all the effort is spent on trying to alter life "out there," it becomes a tedious process that rarely turns out as desired, because I'm focused on the reflection rather than the source.

When I'm waiting for life to get better, my energy isn't present here and now where everything is perfect. But wait! What if the present moment isn't perfect?



By Jean Tinder Content Manager

What if my body hurts, my bills aren't getting paid, my relationships are crumbling, and depression is all I can feel? Clearly none of that is perfect!

Actually, Master knows that it IS perfect. Look at it this way: either all is well in all of creation, and we're in the process of remembering our creatorship; or it isn't and we're not.

On this journey of rediscovery, it doesn't work to remember I'm the creator but then pretend I'm not when I don't like the creation. Whether my life is ideal or awful, the first and most important step toward full sovereignty is accepting that I already am sovereign and always have been. The perfection of my current cre-

THE PERFECTION OF MY

ACCEPTED AND EMBRACED.

EXACTLY AS IT IS.

ation cannot be seen until it is fully accepted and embraced, *exactly* as it is. THIS is life, not some hopefully-better future moment. THIS messy, unhappy, clumsy, difficult moment IS LIFE. Can I embrace it completely? Doing so affirms that yes, I *did* create this entire situation for myself, no matter what it is, which means I can begin understanding how it works. Rejecting any part of my creation exactly as it is only rejects myself as its creator, and I'm right back at square one, wondering why life sucks and nothing ever works out.

I had a very vivid dream the morning of this writing, one that felt important. As often happens in my dreams, I was working as support staff at a Crimson Circle event, but this time I took a few moments to pay attention to what was going on. Soon after I sat down, Adamus called me up to the front. I felt unkempt and dirty, having just come in from working outside, but he insisted. As the experience unfolded

and he spoke to me, I knew the only thing to do was stand there exactly as I was – messy hair, dirty clothes, reluctant but present – and be a Master anyway. As I accepted it all, I felt my posture change. My smallness evaporated and a full, grand presence began to emanate from my being. Then, filling up with something I could not hold back, I declared for all to hear, "I Am that I Am – and you can be too!" There was no doubt, no hesitance, nothing but certainty, and I realized could only come with the total acceptance of my life and messy self as it was.

I hear from a lot of Shaumbra around the world and have noticed we often tend to be in one of two phases or stages: One is slogging through the endless muck of releasing, over and over and over, trying to make sense of life and hoping it'll finally get better once we get realized. The other is total acceptance of life as it is, whether due to resignation or contentment. I'm not sure it makes a difference if someone just gives up on trying to fix life or they actually start seeing its perfection, but the outcome is similar: When they finally accept life as it is, rather than wish it was different, ironically things actually begin to change.

For example, sometime last year I completely stopped wishing and looking for a relationship, deciding that my own loving companionship was far superior to the hassle of yet another round of frustration, misunderstanding and disappointment. Believe it or not, that contentment, acceptance, love, and joy unexpectedly appeared in my outer world, reflected in the presence of a very special being. But until I embraced the fact that *this is life*, there was no way for it to change. Again and again, I remind myself to be *here*, in THIS moment, even when it's uncomfortable.

Sure, there are still unseen patterns and forgotten beliefs that get dredged to the surface (thank you Dragon), but when I accept that this is life and stay present with what is, somehow it changes all on its own. It's not easy to stay with it when shame or frustration or discomfort or some other challenge is growling through me. But the more I can observe and experience the moment without judgment, the faster it changes and the freer I feel. And it's not because I've psychoanalyzed myself or created new beliefs to overcome the old ones or made some other effort of will. The real changes happen when I totally accept that "This is what I'm feeling and it's okay. This is my experience, so I'll let it fill me. This is my life right now and it's perfect. It will change, it always does, but there's nothing to fix, only to experience."

In that acceptance, I begin to see the absolute perfection of life exactly as it is, even when it sucks. Sometimes I even find myself tempted to feel guilty for having life so easy while others are suffering and struggling. I want to shout, "It's so easy to have a perfect life; just see how it already is!" But instead of trying to help everybody, maybe all there is for me to do is stand up in my radiance and declare "I Am that I Am – and you can be too." This is life, and it really is this easy. Yes, even when it's not.



We would like to acknowledge the Crimson Circle Angels for your unfailing energetic and financial support. Without you, we would not be able to make this extensive library of material available to conscious and aware humans around the world.

Your support means everything!

In grateful appreciation to the Crimson Circle Angels from around the world.

The Crimson Circle Staff

Welcome to our newest Angel!

Sally Field

Diane Hermanson

Hedevig Blakstad

Noreen Taylor

If you would like to become a Crimson Circle Angel, please click here to subscribe and see Angel benefits.

50 SHAUMBRA" MAGAZINE 0722

NEW TRANSLATIONS _

Category	Title	Language
ADAMUS ON TOPIC	THE BIG WORK WALKOUT	CZ, DE, ES, FR, IT, JP, PL, PT, UK
CLOUD CLASS	PROGNOST 2022 - METAPHYSICS FOR MASTERS	CZ, DE, ES, FI, FR, HU, IT, JP, NO, PL, PT, RO, RU
CLOUD CLASS	THE MASTER CODE ONLINE	BR, CZ, DE, FR, HU, IT, JP, NO, PL, PT, RO, RU
CLOUD CLASS	THE MASTER'S LIFE, PART 13 - ENTELLIGENCE	BG, BR, CZ, DE, ES, IT, FR, GR, HU, NO, PL, PT, RO, RU, SL, SV
CLOUD CLASS	THE MASTER'S LIFE, PART 15 - ACROSS THE RIVER	BR, CZ, DE, ES, FR, GR, HU, IT, JP, PL, PT, RU, SL, UK
CLOUD CLASS	DREAMWALK OF REALIZATION	BR, CZ, DE, ES, FR, HU, IT, PL, PT, RO, RU, SL, UK
FREE	DO YOU REMEMBER?	BR, DE, ES, FR, HU, NL, IT, RO
FREE	DO YOU REMEMBER? SAINT OR SATAN?	BR, DE, ES, FR, HU, NL, IT, RO BR, CZ, DE, FI, FR, GR, IT, JP, NL, PL, PT, RO, RU, SL, SV, UK
FREE	SAINT OR SATAN? LORDS OF FREEDOM	BR, CZ, DE, FI, FR, GR, IT, JP, NL, PL, PT, RO, RU, SL, SV, UK
FREE	SAINT OR SATAN? LORDS OF FREEDOM - EGYPT 2013	BR, CZ, DE, FI, FR, GR, IT, JP, NL, PL, PT, RO, RU, SL, SV, UK DE, ES, FR, IT, JP, PL, NO, SV
FREE INTENSIVES INTENSIVES	SAINT OR SATAN? LORDS OF FREEDOM - EGYPT 2013 TIME TRAVELS (EGYPT 2009)	BR, CZ, DE, FI, FR, GR, IT, JP, NL, PL, PT, RO, RU, SL, SV, UK DE, ES, FR, IT, JP, PL, NO, SV ES, FR, IT, NO, PL, PT, RO

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VIEW THE COMPLETE LIST OF AVAILABLE TRANSLATIONS



DreamWorlds

Bridging the Realms through Dreams



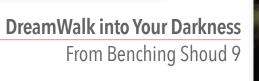




~ Highlights ~

Evil is a Lie

Highlights from Benching Shoud 9







Threshold Online

Coming July 8–10, 2022







I'm Here - by Deaplee

Video played before Shoud 9

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The amazing community that helps make all this happen

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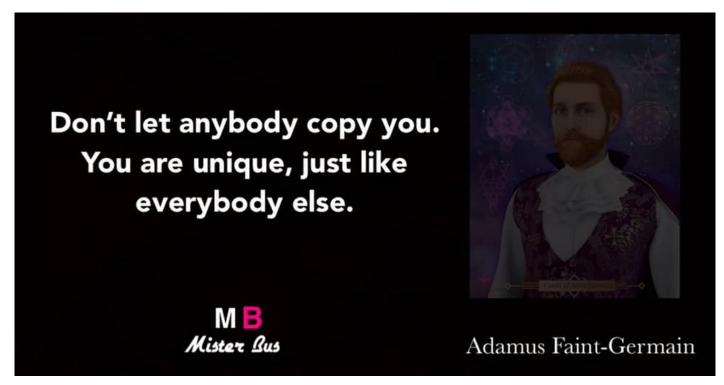
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Jean Tinder	Crimson Circle on Facebook
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Lise Storm Karlsen	Shaumbra Pirates

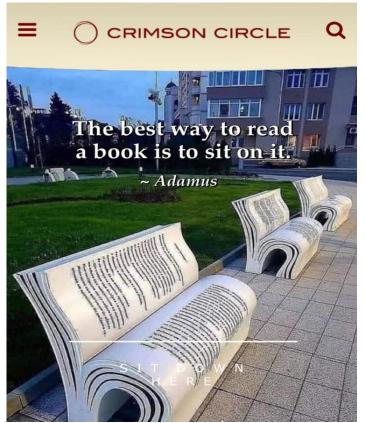
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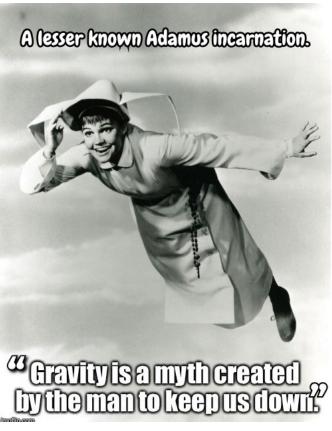
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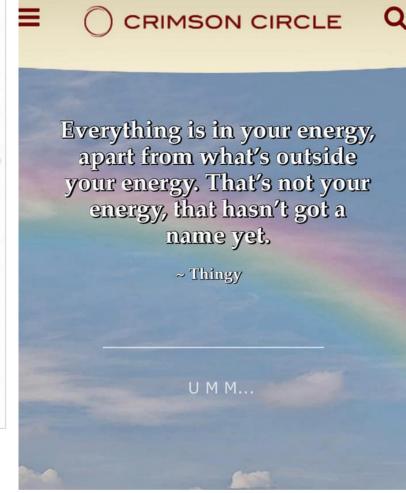
Simon Bessant lives in the UK and is a prolific Shaumbra comedian on Facebook. He (and sometimes one of his 3½ friends) Photoshops the images on his phone and posts them in the Facebook group Shaumbra Grand Embodied Masters Comedy Club. Check here each month for more laughs!















You are in the state of grace when you allow energy to serve you, rather than oppose you.

- Adamus Saint-Germain -



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